

# Health Minute™

Helping out is good for your heart...


Community service is an important and fulfilling way to help your heart. Volunteering gets you involved with people who have common interests with the common goal of helping others. You are never too young to begin which is why students from local elementary schools have donated their time and talent to produce some lovely works of art that will be auctioned off to benefit the Animal Welfare of Charlotte County. The artwork is childrens' interpretations of what a healthy heart should look like. Come and check out the great art for yourself and help a worthwhile cause!

**Kids Heart Show**  
Art Exhibition & Auction

Wednesday, March 21, 2007  
5:30 p.m.  
Charlotte Regional Medical Center Cafeteria

Featuring:  
Original Works From Artists At Area Elementary Schools  
Silent and Live Art Auction  
Food & Drink  
Pawtographs From Area Animal Celebrities

Proceeds To Benefit The Animal Welfare League of Charlotte County

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